One in three Venezuelans not getting enough to eat, UN finds

- World Food Programme says 9.3m people are food insecure
- People struggling for minimum nutrition amid economic crisis



Dugleidi Salcedo complains to a neighbor about the high price of food as she prepares arepas for her three sons in her kitchen in the Petare slum, in Caracas, Venezuela, in February 2019. Photograph: Rodrigo Abd/AP

One of every three people in Venezuela is struggling to put enough food on the table to meet minimum nutrition requirements as the nation's severe economic contraction and political upheaval persists, according to a new study by the UN World Food Programme.

A nationwide survey based on data from 8,375 questionnaires reveals a startling picture of the large number of Venezuelans surviving off a diet consisting largely of tubers and beans as hyperinflation renders many salaries worthless.

A total of 9.3 million people – roughly a third of the population – are moderately or severely food insecure, said the study, which was conducted at the invitation of the Venezuelan government. Food insecurity is defined as an individual being unable to meet basic dietary needs.

The study describes food insecurity as a nationwide concern but even in more prosperous regions one in five people are estimated to be food insecure.

"The reality of this report shows the gravity of the social, economic and political crisis in our country," said Miguel Pizarro, a Venezuelan opposition leader.

Venezuela's president, Nicolás Maduro, has been largely reluctant to invite international organizations to provide assessments of the nation's humanitarian ordeal, though the World Food Program said it was granted "full independence" and collected data throughout the country "without any impediment or obstruction".

There was no immediate response to the findings by Maduro's government.

The survey found that 74% of families have adopted "food-related coping strategies", such as reducing the variety and quality of food they eat. Sixty percent of households reported cutting portion sizes in meals, 33% said they had accepted food as payment for work and 20% reported selling family assets to cover basic needs.

The issue appears to be one that is less about the availability of food and more about the difficulty in obtaining it. Seven in 10 reported that food could always be found but said it is difficult to purchase because of high prices. Thirty-seven percent reported they had lost their job or business as a result of Venezuela's severe economic contraction.

Maduro frequently blames the Trump administration for his nation's woes, and his government has urged the international criminal court to open an investigation, alleging that the financial sanctions are causing suffering and even death. But the nation's struggles to feed citizens and provide adequate medical care predate US sanctions on the Venezuelan government.

Venezuela has been in the throes of a political and humanitarian crisis that has led more than 4.5 million people to flee in recent years.

In addition to food, the survey also looked at interruptions in access to electricity and water, finding that four in 10 households experience daily power cuts. Four in 10 also reported recurrent interruptions in water service, further complicating daily life.

Noting that the survey was carried out between July and September, Carolina Fernández, a Venezuelan rights advocate, said she believed the situation had deteriorated even more. While it was once possible for many families to survive off remittances sent by relatives abroad, she said, that has become more difficult as much of the economy is dollarized and prices rise.

Fernández said food insecurity is likely to have an enduring impact on a generation of young Venezuelans going hungry during formative years.

"We're talking about children who are going to have long-term problems because they're not eating adequately," she said.

Source:

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